



BREAKFAST

This institution is an equal opportunity employer

SEPTEMBER 2026

K-12

Milk Offered Daily:

1% Low-Fat, Fat Free Skim, Chocolate

Fat Free Skim

Juice Offered Daily:

Monday

Tuesday

Wednesday

Thursday

Friday

Tornados: **1**
Sausage, egg, & Cheese
Or French toast & sausage
2oz- Cereal Cup
Fruit

Muffin **2**
Chocolate Chip or Blueberry
2oz- Cereal Cups
Fruit
Yogurt

Mini Bagels **3**
Cinnamon or Strawberry
2oz- Cereal Cup
Fruit

Cinnamon Rolls/Cinnamon Swirls **4**
2oz- Cereal Cup
Fruit
Yogurt

HAPPY
LABOR
DAY
NO SCHOOL!! **7**

Breakfast Sandwich **8**
(Sausage, Egg, & Cheese)
2oz- Cereal Cup
Fruit

Muffin **9**
Chocolate Chip or Blueberry
2oz- Cereal Cup
Fruit
Yogurt

Breakfast Pizza **10**
Bacon or Sausage (HS)
2oz – Cereal Cup
Fruit

Donut **11**
Vanilla or Chocolate
2oz- Cereal Cup
Fruit
Yogurt

Professional
Development
Day
NO SCHOOL!! **14**

Tornados: **15**
Sausage, egg, & Cheese
Or French toast & sausage
2oz- Cereal Cup
Fruit

Muffin **16**
Chocolate Chip or Blueberry
2oz- Cereal Cup
Fruit
Yogurt

Biscuits & Gravy **17**
Or
Biscuits & Jelly
2oz – Cereal Cup
Fruit

Cinnamon Rolls/Cinnamon Swirls **18**
2oz- Cereal Cup
Fruit
Yogurt

French toast Sticks **21**
Sausage Links
2oz- Cereal Cup
Fruit

Breakfast Sandwich **22**
(Sausage, Egg, & Cheese)
2oz- Cereal Cup
Fruit

Muffin **23**
Chocolate Chip or Blueberry
2oz- Cereal Cup
Fruit
Yogurt

Cheese Omelet **24**
Mini French Toast
2oz-Cereal Cup
Fruit

Donut **25**
Vanilla or Chocolate
2oz- Cereal Cup
Fruit
Yogurt

Egg Bites **28**
Cheese or Bacon & Cheese
2oz- Cereal Cup
Fruit

Tornados: **29**
Sausage, egg, & Cheese
Or French toast & sausage
2oz- Cereal Cup
Fruit

Muffin **30**
Chocolate Chip or Blueberry
2oz- Cereal Cup
Fruit
Yogurt

[Enter Additional Info]